

How Do I Change Pharmacies?

There are 2 options when it comes to moving your prescriptions to a new pharmacy.

If you are changing pharmacies, consider taking advantage of the opportunity to obtain a 90 day supply at CVS, Walgreens, or Express Scripts Home Delivery.



Option 1: Transfer Your Prescriptions

- 1. Reach Out to Your New Pharmacy:**
Call, go online, or visit your new pharmacy to request a transfer of your prescription(s) from your old pharmacy to your new pharmacy
- 2. Collect Your Health and Insurance Information:**
Provide the following information with your request:
 - Date of Birth
 - Your first and Last name
 - Allergies
 - Address & Phone Number
 - Insurance card Information
 - Name and/or prescription numbers for your medications
- 3. Plan Ahead**
Transferring prescriptions can take time. Allow at least 1-3 days for your new pharmacy to receive your prescriptions.

Option 2: Get New Prescriptions

- 1. Some Prescriptions May Not Be Easily Transferred:**
 - Controlled substance prescriptions may have some restrictions on transfer
 - if your Prescription is out of refills or has expired, it cannot be transferred and will require a new prescription
- 2. Contact Your Provider's Office to Request a New Prescription(s):** If you are told by a pharmacy that your prescription(s) cannot be transferred
- 3. Contact Your Cummins LiveWell Center Pharmacists For Questions:**
Dr. Denise Fields,
Cummins LiveWell Center
(812) 799-3287
denise.fields@cumminslivewell.com
Dr. IBK Covington,
Rocky Mount Health Center
(252) 437-9547
icovington@express-scripts.com